

Wardena "Dena" Norita Helm, 27, died Saturday, February 11, 2023 at Sanford Health, Fargo, ND.

Dena was born on May 31, 1995 to Melissa TwoHearts and Winfield Chaske Jr. in Bismarck, ND. She spent her toddler years in Bismarck, ND and around the age of six in the Bismarck/Mandan, ND area. Dena was adopted on November 17, 2006 on National Adoption Day by Susan Ann Helm in Bismarck, ND. She attended school at Robert Miller Elementary, Simle Middle School and graduated from Century High School in Bismarck. She participated in a special graduation celebration for Native American students through the United Tribes Tech. College in Bismarck and was presented with a star quilt by her grandmother, Angeline Berger, so she could always find her way home.



She worked in the service industry at Kmart, Sickies Garage and Cracker Barrel. She moved to Colorado Springs in 2018 and continued to work in the service industry. It is in Colorado that Dena met and entered a serious and deeply loving relationship with Nolan Case. Nolan remained by Dena's side through her passing. Lovingly caring for her as God took her home.

Dena was a very kind and loving person. She had a wonderful sense of humor. She and her siblings prided themselves on quoting movie parts to each other, seeing if they could guess the movie. Dena loved family time, being all together having a family meal. She loved to read, especially fantasy. She was very creative and attended many art classes working on drawing, acrylic painting and working with clay. She was an amazing basketball player and was always considered one of the best players. She was an amazing writer and wrote beautiful poetry. Her writing made you feel as if you were having the experience she was writing about. She was a great lover of animals. She was always finding stray animals to rescue and bringing them home.



Dena was strong in her faith. She received her sacraments of Baptism, First Holy Communion and Confirmation into the Catholic Faith at Spirit of Life Parish in Mandan, ND. She will be forever loved and greatly missed by her family, daughter Emery and son Hendrix, her special young man Nolan Case and all who knew her.

Dena will be greatly missed by her mother, Susan Ann Helm; her siblings, Chelsea (Mark) Peterson, Bismarck, ND, Megan (Cody) Schneider (her God Mother), Bismarck, ND, Quentin Helm, Colorado; biological mother, Melissa TwoHearts; siblings, Michaela TwoHearts, Darius Chaske, Waynita TwoHearts, and Courtney TwoHearts; nephews, Theodore & John Peterson and one other; nieces, Ridlee Schneider and others; grandmother, Angeline Berger; uncles, Lenus (Alice) Berger, William Berger, Terry Berger and Adam (Tammy) Berger (her God Father) and numerous cousins.

She was preceded in death by her father, Winfield Chaske Jr.; grandfathers, Adam Berger and Winfield Chaske Sr.; grandmothers, Evelyn Chaske and Julia Rita TwoHearts; aunt, Ella Kitzman; uncles, Duane Kitzman and Wayne Berger; cousins, Marguerite and Bobbie Jo Berger.

Celebrating

THE LIFE OF



Wardena Helm

MAY 31, 1995 – FEBRUARY 11, 2023



God Saw She

*God saw she was getting tired
And a cure was not to be
So He put His arms around her
And whispered, "Come to Me."*

*With tearful eyes we watched her suffer
And saw her fade away.
Although we loved her dearly
We could not make her stay.*

*A golden heart stopped beating;
Hard working hands put to rest.
God broke our hearts to prove to us
He only takes the best.*

Celebrating The Life Of

Wardena Helm

May 31, 1995 – Bismarck, ND

February 11, 2023 – Fargo, ND

WAKE & PRAYER SERVICE

Friday, February 17, 2023

Wake 5:00PM

Prayer Service 7:00PM

Seven Dolors Catholic Church, Fort Totten, ND

FUNERAL SERVICE

Saturday, February 18, 2023

10:00AM

Seven Dolors Catholic Church, Fort Totten, ND

OFFICIATING

Pastor Antony Samy

MUSIC

All Drum Groups

PALLBEARERS

Quincy Helm ~ Darius Chaske ~ Montana Chaske
Cameron Chaske ~ Devin TwoHearts ~ Tony Lavallie III

HONORARY PALLBEARERS

All of Wardena's Family and Close Friends

BURIAL

St. Jerome's Catholic Cemetery, Fort Totten, ND at a later date

Arrangements by

Evans Funeral Home – Carrington & New Rockford, ND

www.EvansFuneralHomeND.com