Keith Eldore Rost, 77, passed away on Tuesday, December 12, 2023, at his home in Jamestown, ND, surrounded by family.

Keith was born on September 22, 1946, in New Rockford, ND to Eldore and June (Severson) Rost of Cathay, ND. He attended grade school at Germantown Country School and graduated from Cathay High School in 1964. He graduated from NDSU in 1968 with a BS in German, later enlisting with the US Navy and serving aboard the USS Albacore from 1969 to 1972. After his honorable discharge, he went back to NDSU to obtain his pharmacy degree and was employed by the Public Health

Service IHS in Fort Totten for many years as a staff pharmacist and later did contracting there. He also worked as a pharmacist in Harvey, New Rockford, Carrington, and Fort Yates, and farmed his parents' land.

On May 27, 1973, Keith was united in marriage to Janice Myhre of rural Sheyenne at Grandfield Lutheran Church. They were blessed with four children: Heather, Sonja, Ethan, and Tyson.

Keith loved the farm. He enjoyed working the land, planting trees, and tinkering with his tractors. He also loved to socialize with his friends - going out to breakfast, meeting at the



Bremen bar, fellowship over coffee after church, or just dropping by for a visit. He also had a passion for reading and listening to music.

Keith is survived by his wife, Janice, of 50 years; daughters, Heather (Ashley) Rost of Fargo, ND, and Sonja (Eric) Van Leeuwe of Marshall, MN; sons, Ethan of Carrington, ND, and Tyson of Cathay, ND; four grandchildren, Sophia and Lexi Van Leeuwe, and Hudson and Bodhi Rost; and brothers, Michael (Pam) Rost of Harvey, ND, Randy (Carla) Rost of Rolette, ND, and Robin Rost of Cathay, ND.

He is preceded in death by his parents, grandparents, and two grandchildren, Madison and Sheridyn Van Leeuwe.

In Loving Memory Of



Keith Rost

SEPTEMBER 22, 1946 - DECEMBER 12, 2023



I'm Free

Don't grieve for me, for now I'm free, I'm following the path God laid for me. I took His hand when I heard Him call;
I turned my back and left it all.

I could not stay another day
To laugh, to love, to work or play.
Tasks left undone must stay that way.
I found that peace at the close of day.

If my parting has left a void, Then fill it with remembered joy. A friendship shared, a laugh, a kiss, Oh yes, these things I too will miss.

Be not burdened with times of sorrow, I wish you the sunshine of tomorrow. My life's been full, I savored much, Good friends, good times, a loved one's touch.

Perhaps my time seemed all too brief, Don't lengthen it now with undue grief. Lift up your heart and share with me, God wanted me now, he set me free.

Celebrating The Life Of

Keith Eldore Rost

September 22, 1946 – New Rockford, ND December 12, 2023 – Jamestown, ND

VISITATION

Friday, December 15, 2023 1:00PM - 5:00PM Evans Funeral Home, New Rockford, ND

FUNERAL SERVICE

Saturday, December 16, 2023 2:00PM Grandfield Lutheran Church, Sheyenne, ND

OFFICIATING

Pastor Jeff Halvorson

SPECIAL MUSIC

Mary Ellen Rue ~ Organist Congregational Hymns Standing On The Promises All Hail The Power Of Jesus' Name #328 Crown Him With Many Crowns #170

Recorded music by Keith's son, Tyson Silent Night by Keith's granddaughter, Sophia

PALLBEARERS

Mike Rost ~ Randy Rost ~ Robin Rost ~ Eric Van Leeuwe Greg Seidel ~ Larry Lura ~ Mike Balvitsch ~ Gary Westby

BURIAL

Grandfield Lutheran Cemetery, Sheyenne, ND

Arrangements by
Evans Funeral Home – Carrington & New Rockford, ND
www.EvansFuneralHomeND.com